



# Weekly Practice Sheet

Name \_\_\_\_\_ Class \_\_\_\_\_

## Week of January 9 – January 16

Remember, this sheet is for the entire week. Make sure you have your four items: Pencil, Binder, Practice Pad and Mallet Bag!

The purpose of this sheet is to establish a consistent routine of goal setting, warm-up, learning of new material, practice and development of older material, and ultimately the joy of accomplishment!

<b>Review</b>	Circle of 4 <sup>th</sup> s (4 counts on 4 counts off at QN = 120) Two Octave Major Scales and Arpeggios					
<b>Complete</b>	Snare Exercise on Back Page of Practice Sheet. Essay Question on Back Page					
<b>Warm-up</b>	Legato Series (All Variations) at QN = 120. 16 <sup>th</sup> Accents at QN = 120. 12 <sup>th</sup> Accents at DQN = 120.					
<b>Memorize</b>	16 <sup>th</sup> Accents (off of left hand) at QN = 120, 12 <sup>th</sup> Accents at DQN = 120 for grade, 16 <sup>th</sup> Diddles (1s,2s) at QN=120					
<b>Play</b>	Foundations: Five Stroke Roll Page Grades to date: SSB from Memory, 16 <sup>th</sup> Accents @ 120, 16 <sup>th</sup> Diddles (1s,2s) 12 <sup>th</sup> Accents at DQN = 120, #s 28 and 32 on Snare, Mallets, and Timbales. This gives you seven (10) grades to date.					
	<b>Review</b>	<b>Complete</b>	<b>Warm-up</b>	<b>Memorize</b>	<b>Play</b>	Remember, a parent must sign each week or that week's sheet is automatically an "F".
<b>Tuesday</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Wednesday</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Thursday</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Friday</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Saturday</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Sunday</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Monday</b>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<b>Back Page:</b> Can you play the Paradiddle Etude? <input type="checkbox"/>						
Did answer the essay question? <input type="checkbox"/>						

\_\_\_\_\_  
Student Signature

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Parent Signature

**Practice Sheet is due at the beginning of class on  
Tuesday, January 16<sup>th</sup>.**

# Back Page

## Paradiddles: Doubles, Triples and More

$\text{♩} = 80-196$

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This short study covers some of the musical possibilities for paradiddles, double paradiddles, triple paradiddles and paradiddle-diddles. As always, USE A METRONOME!

Coming soon: Playing this for a grade!

**Essay Topic: What is your favorite part of playing percussion? After the hours of class and rehearsals, etc.; what keeps you coming back for more? Explain your reasons with complete sentences.**

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